

# New Health and Physical Education Books

The following new books are in [Weis Library](#) and available for students, faculty, and staff to use or borrow. Please see the call number for each book to locate it within the library.

## [The Case Against Sugar](#)

By Gary Taubes. Alfred A. Knopf, 2017.

RM237.85 .T38 2017

## [Coaching: A Realistic Perspective](#)

By Michael D. Sabock and Ralph J. Sabock. Rowman & Littlefield, 2017.

GV711 .S22 2017

## [Concussions](#)

By William P. Meehan. ABC-CLIO, 2017.

RC394 .C7 M374 2017

## [Digital Technologies and Learning in Physical Education: Pedagogical Cases](#)

Edited by Ashley Casey et al. Routledge, 2017.

GV364 .D54 2017

## [Drug Resistance](#)

By Sarah Boslaugh. Greenwood, 2017.

QR177 .B67 2017

## [The Ethics of Sport: Essential Readings](#)

Edited by Author L. Caplan and Brendan Parent. Oxford University Press, 2017.

GV706.3 .E866 2017

## [Food Forensics: The Hidden Toxins Lurking in Your Food and How You Can Avoid Them for Lifelong Health](#)

By Mike Adams. BenBella Books, 2016.

RA784 .A33 2016

**Health and Physical Education for Elementary Classroom Teachers: An Integrated Approach**

By Retta R. Evans and Sandra K. Sims. Human Kinetics, 2016.

Quarto LB1588.U6 E83 2016

**High-Powered Plyometrics**

By James C. Radcliffe and Robert C. Farentinos. Human Kinetics, 2015.

Quarto GV711.5 .R326 2015

**Modern Sport Ethics: A Reference Handbook**

By Angela Lumpkin. ABC-CLIO, 2017.

GV706.3 .L84 2017

**The Mystery of Sleep: Why a Good Night's Rest Is Vital to a Better, Healthier Life**

By Meir H. Kryger. Yale University Press, 2017.

RA786 .K79 2017

**New Functional Training for Sports**

By Michael Boyle. Human Kinetics, 2016.

Quarto GV711.5 .B69 2016

**The Philosophy of Physical Education: A New Perspective**

By Steven A. Stolz. Routledge, 2014.

GV342 .S73 2014

**Physical Education for Children with Moderate to Severe Disabilities**

Edited by Michelle Grenier and Lauren J. Lieberman. Human Kinetics, 2018.

Quarto GV445 .P49 2018

**Positive Youth Development through Sport**

Edited by Nicholas L. Holt. Routledge, 2016.

GV709.2 .P68 2016

**The Science of Sleep: What It Is, How It Works, and Why It Matters**

By Wallace B. Mendelson. University of Chicago Press, 2017.

QP425 .M46 2017

**Sport Sociology**

By Peter Craig. Sage, 2016.

GV706.5 .S7369 2016

**Steroids: History, Science, and Issues**

By Joan E. Standora et al. Greenwood, 2017.

RM297 .S74 S73 2017

**Strength and Conditioning for Sports Performance**

Edited by Ian Jeffreys and Jeremy Moody. Routledge, 2016.

GV711.5 .S767 2016

**Strength Training for Soccer**

By Bram Swinnen. Routledge, 2016.

GV943.9 .T7 S94 2016

**Tragic Failures: How and Why We Are Harmed by Toxic Chemicals**

By Carl F. Cranor. Oxford University Press, 2017.

RA1219.3 .C73 2017

**Understanding the Olympics**

By John Horne and Garry Whannel. Routledge, 2016.

GV721.5 .H64 2016

**Vaccination Ethics and Policy: An Introduction with Readings**

Edited Jason Schwartz and Arthur L. Caplan. MIT Press, 2017.

RA638 .V2982 2017