Myths/Facts About Women and Rape

Myth: The attacker is a stranger
Fact: About 90% of college sexual assault survivors know their attacker

Myth: Physical violence and/or a weapon was used
Fact: In many cases, no weapon and little to no physical violence is used

Myth: Survivor is always female
Fact: While the majority of survivors are female, approximately 10% of rape survivors are male

Myth: Many reports of sexual assault are false.
Fact: Only between 2-8% of sexual assault reports are false, the same rate of false reports as most other crimes

Where Can I Report the Assault?
- Police
- Public Safety Department
- Human Resources
- Crime Victim Advocate*
  Olivia Burgess
- Title IX Coordinator
  Ralph Johnson
- Vice President of Student Life
  Amy Ortiz-Moretta
- Dean of Students
  Dean Nelson
- Office of Ministry*
- Counseling Center*

*Confidential resources on campus

On Campus Resources
Crime Victim Advocate
Wilkinson Hall Room 336A
Olivia Burgess
Phone: 301-891-4052
E-mail: oburgess@wau.edu
dsscva@wau.edu

Title IX Coordinator
Betty Howard Center
Dr. Ralph Johnson
Phone: 301-891-4106
E-mail: titleixcoordinator@wau.edu

Off Campus Resources
Victim Assistance and Sexual Assault Program (VASAP)
1301 Piccard Drive
Rockville, MD  20850
Phone: 240-777-1355

Maryland Coalition Against Sexual Assault (MCASA)
Phone: 301-328-7023

RAINN National Sexual Assault Hotline
1-800-656-4673

For additional information, please visit www.wau.edu/security.

Created by:
Washington Adventist University
Melissa Smith
Revised: December 30, 2019
What female students need to know

Over 80% of women who report being raped were under the age of 25. The majority of survivors were assaulted by someone they knew. Most of the assaults occurred when alcohol and/or drugs was involved. The assaults reported occurred mainly on the weekends during the Fall months. It does not matter what you are wearing, if you are drinking, or what the situation; NO ONE has the right to make you do something you don’t want to do.

What are some common reactions during or after a rape or sexual assault?

Female survivors of sexual assault can experience a number of different reactions and effects:
- Jitteriness/feeling “on edge”
- Muscle cramps or spasms
- Aching at injury sites
- Anxiety
- Rage
- Helplessness/hopelessness
- Inability to concentrate
- PTSD
- Suicidal thoughts
- Physical symptoms (trouble sleeping, stomach ache)
- Fears about safety
- Self-blame and shame

Basic Safety Guidelines/Tips

Unfortunately, alcohol is a tool commonly used by sexual predators. Intoxication is never an excuse for sexual assault, but it’s important to be aware of your intake
- Watch your drinks: It can be very easy for someone to slip another person a “roofie” or other kind of drug into their drink.
- Trust your gut: If you see someone and they immediately make you feel uncomfortable, carefully get away from them.
- Watch over your friends: If you see a friend who is vulnerable and/or someone is trying to isolate them from other people, stay with them no matter what.

What should I do if a friend is sexually assaulted?

Make your friend feels safe and keep them away from the person who assaulted them. If you witnessed the assault, write down what you can remember about the incident. Be a good listener and avoid asking them for details about the assault unless they provide them on their own. It is extremely important that you believe your friend, and let them know that it was not their fault. If they ask, assist them in reporting the assault and/or accompany them to the hospital. Offer to stay with your friend; survivors may be reluctant to be alone after an assault. Follow-up with them to make sure they are doing okay and if they need any further assistance.